



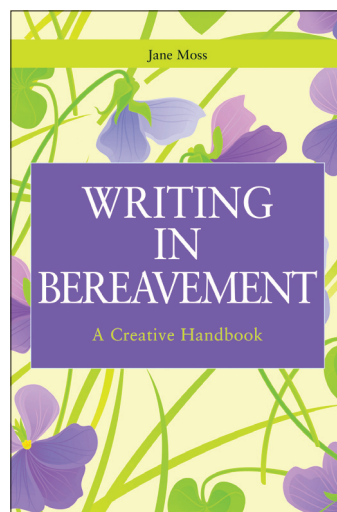
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## Writing in Bereavement A Creative Handbook *Jane Moss*

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June 2012 240pp ISBN: 9781849052122 pb £19.99

'Here is a wealth of ideas and inspiration for those of us aspiring to work creatively with bereaved people using the written word. I found my creative juices begin to flow as I read the ideas for the exercises and how to use them. These will be of enormous benefit for those wanting to start working in this way and will provide added incentive and encouragement for those who already use creative tools. I could use the ideas not only with the bereaved person but also with volunteer supporters in their supervision. The example of the fictional Greenbank writing group will be of special interest to those who want to offer support groups for bereaved people and there is much practical help offered for setting up such a group. I am sure this will prove to be a truly useful volume to have for reference and advice for those of us working in the field of bereavement support and counselling.'

*- Dodie Graves, counsellor, bereavement service co-ordinator and author of Talking with Bereaved People and Setting Up and Facilitating Bereavement Support Groups*

*Writing in Bereavement* is a practical creative handbook that will assist counsellors, volunteers and others in their work with bereaved adults. Writing is a powerful outlet for the emotions that accompany grief and it is therefore a valuable therapeutic tool to help those who are bereaved communicate their experiences and adjust to life after their loss.

Jane Moss provides imaginative creative writing exercises for groups and individuals, using a variety of genres and literary forms and techniques. She offers advice on how to plan and run successful workshops with the bereaved, and how to evaluate their effectiveness. Using the techniques in this book, counsellors can help grieving individuals find a voice to cope with profound changes in their life, complete unfinished conversations, write for remembrance, use creativity as a respite from sadness, and finally begin to move forward from grief and imagine the future.

**Jane Moss** has an MA in Creative Writing in the Community from St. Mary's University College, University of Surrey. She is a tutor in creative writing for Kingston Adult College and a visiting lecturer at the University of Hertfordshire. She is a volunteer with Cruse Bereavement Care and runs bereavement writing groups in partnership with Princess Alice Hospice in Surrey and the MacMillan counselling team at Meadow House Hospice in west London. She is also a freelance consultant specialising in organisational development and marketing for arts organisations.

### Writing for Therapy or Personal Development Series

*Series Editor: Gillie Bolton*

Writing for Therapy or Personal Development, a foundation library to a rapidly developing field, covers the theory and practice of key areas. Clearly exemplified, engaging and accessible, the series is appropriate for therapeutic, healthcare, or creative writing practitioners and facilitators, and for individual writers or courses.

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