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For further information about this report, please contact
Alex Coulter, Secretary to the APPG AHW: appgahw@gmail.com
The last twelve months, following the publication of our report, *Creative Health*, have been a period of intense activity by the APPG. We have developed strategies to secure the acceptance and implementation of each of the ten recommendations in the report. A further series of round tables has been held in parliament, each one focused on finding ways to advance one of these recommendations. These round tables have, as with the earlier series which were part of the Inquiry process leading up to the production of *Creative Health*, brought together people from different disciplines and different parts of the country. Their interactions have been fruitful, stimulating fresh thinking, new networks and further resolve. We believe that this dynamic process, shared by a great variety of individuals committed to achieving progress, is an important driver of the cultural change that will enable the potential benefits of engagement with the arts and the creative imagination to be realised for health and wellbeing throughout our society. In parallel with the work in parliament, we have mounted a series of regional conferences at which health and social care practitioners have come together with artists and cultural organisations to consider the findings and recommendations in *Creative Health* and find ways to advance best practice in the regions.

A year ago, there was little discernible interest in arts and health within NHS England or the Department of Health, but we have been pleased to find since then that more and more senior people from within the health establishment have been willing to join our discussions and indeed to play an increasingly prominent role in advocacy. There is a long way to go, but we trust that this is a portent of wider change. We very much appreciated the commitment made last autumn by the then Culture Minister, John Glen MP, on behalf of DCMS, to pursue our recommendation that a cross-governmental strategy should be developed to support the delivery of health and wellbeing through the arts and culture. We are pressing the government to make further progress on this, and recognise that the arts can help meet major challenges facing health and social care, make an important contribution to preventative health care and save money in the provision of services.

We express our particular thanks again to Alex Coulter, Project Manager for the APPG, to Dr Rebecca Gordon-Nesbitt, King’s College London, and to Alex Pleasants, Policy Adviser to Ed Vaizey. We are extremely grateful to Alex Coulter for so creatively organising the round tables and to colleagues in the Culture, Health and Wellbeing Alliance who have been leading the work in the regions. We also thank most warmly the members of the Working Group who have given indispensable advice and support to the APPG through this period. We thank parliamentary colleagues who have attended meetings, spoken in debates and given encouragement to those at the forefront of work around the country.

Without the continuing faith and interest of our funders, Paul Hamlyn Foundation and Wellcome, this progress would not have been possible, and we express our deep gratitude to them. The APPG is part of a much wider movement, which we are privileged to support, to advance the arts in health. This campaign will be developed over a long timescale; cause and effect will rarely be clear cut; and progress will be hard to measure with precision. We have no doubt, however, that momentum is developing powerfully.

Rt Hon. Lord Howarth of Newport CBE
Co-Chair, APPG on Arts, Health and Wellbeing

Rt Hon. Ed Vaizey MP
Co-Chair, APPG on Arts, Health and Wellbeing
Introduction

This report covers the period from the 2017 Annual General Meeting of the All-Party Parliamentary Group on Arts, Health and Wellbeing (APPGAHW) on 28th June 2017 to the Annual General Meeting on 16th July 2018. The APPGAHW’s Inquiry report: Creative Health: The Arts for Health and Wellbeing was launched in the Houses of Parliament on 19th July 2017, with another launch at Manchester Metropolitan University on 21st July 2017. King’s College London hosted a public launch of the report on 12th October 2017. The focus of the APPGAHW’s work since September 2017 has been on the Next Steps in support of the ten recommendations in the Creative Health report.

Creative Health

There are many case studies and a wealth of evidence in Creative Health to support the three key messages:

- The arts can help keep us well, aid our recovery and support longer lives better lived.
- The arts can help meet major challenges facing health and social care: ageing, long-term conditions, loneliness and mental health.
- The arts can help save money in the health service and social care.

The report identifies culture change across the cultural, health and social care sectors as the main key to unlocking progress. It offers a challenge to habitual thinking, calling for new collaborations to be formed across conventional boundaries. It makes ten recommendations as catalysts for the change of thinking and practice that can open the way for the potential of the arts in health to be realised.

The recommendations in Creative Health call upon a wide range of stakeholders to engage in their delivery. Key to progress is mobilising individuals with energy and commitment, to influence others and to facilitate change in many different geographic, community and organisational contexts. The Inquiry process engaged over 300 people working at every level across various systems. The connections generated have continued to grow and the Next Steps phase has built on the Inquiry with a series of further meetings and round tables in parliament that have explored the recommendations in the report, encouraged open-minded cross-sector discussion, and identified actions to further progress.

Funding from the original Inquiry budget was allocated for seven regional events to be led by the regional representatives of the National Alliance for Arts, Health and Wellbeing, in the North East, North West, Yorkshire and Humber, West Midlands, East Midlands, East and South East. Two additional regions, London and the South West, did not receive funding allocations but are expected to support events within their existing Arts Council England National Portfolio Organisation roles.

For 2017-18, our researcher, Dr Rebecca Gordon-Nesbitt, secured follow-on funding from the Arts and Humanities Research Council Cultural Value Project to enhance recognition of the health and wellbeing benefits of arts engagement. Rebecca has disseminated copies and outlined the findings of Creative Health at a range of cultural, health and social care conferences and been met with a positive response.
The Secretariat for the APPGAHW has been provided by Alex Coulter, Director of Arts & Health South West (AHSW), on behalf of the National Alliance for Arts, Health and Wellbeing. We are very grateful to colleagues in the alliance, in particular, Damian Hebron, Director of the London Arts in Health Forum until August 2018, for their support. This alliance has now merged with the National Alliance for Museums, Health and Wellbeing to form the Culture, Health and Wellbeing Alliance (CHWA) with funding support from Arts Council England as a new Sector Support Organisation. AHSW is the accountable organisation responsible for CHWA and Alex Coulter continues to manage the secretariat with the support of Victoria Hume, Director of CHWA. All the APPGAHW and CHWA finances are managed by AHSW and governance oversight is provided by the Board of Trustees of AHSW.

The APPGAHW has a memorandum of understanding with AHSW which covers the role of the secretariat and gives AHSW responsibility for maintaining personal data as the Data Processor for the APPGAHW in accordance with the principles and legal obligations of the General Data Protection Regulation (GDPR) and related legislation.

A working group of people who have been involved in the Inquiry process has supported the Next Steps. We are very grateful to them and the many others who have contributed to the work on the individual recommendations. A full list is in Appendix 2.
The ten recommendations from Creative Health

Building on the inquiry process, the APPGAHW has convened a further series of round tables on the ten recommendations. These have brought together a range of stakeholders to discuss the following questions: What will be the best ways to gain acceptance of this recommendation? What are the structural and cultural barriers to this recommendation being fully implemented? What practical steps can the APPGAHW and its partners take to support its implementation? What should we be asking others to do?

The full text of the ten recommendations is in Appendix 1. The notes from these meetings can be downloaded here. The lists of participants in these meetings are in Appendix 2.

Recommendation 1 calls on leaders from within the arts, health and social care sectors, together with service users and academics, to establish a strategic centre, at national level. The APPG commissioned the King’s Fund to do a consultation and feasibility study on this recommendation. Sarah Gregory, the King’s Fund researcher, conducted a range of stakeholder interviews and focus groups at regional events. She provided interim findings to the working group at a workshop at the King’s Fund on 26th May 2017. Members of the working group participated in an awayday at Snape Maltings on 15th June 2018. Sarah wrote a blog for the King’s Fund newsletter about this project in July and the final report will be published in September. It is anticipated that further work on this recommendation will continue in the autumn. A round table on this recommendation was held in Parliament on December 13th 2017.

Recommendation 2 is for a cross-governmental strategy to support the delivery of health and wellbeing through the arts and culture. A round table on this recommendation was held in Parliament on 19th March to consider existing examples of cross-sector and cross-departmental strategies and the lessons that may be learnt from them. There has been a range of parliamentary activity related to this recommendation: At the launch of Creative Health in July 2017, Dr Sarah Wollaston MP, Chair of the Health Select Committee, spoke in support of the Creative Health agenda and the parliamentary Under-Secretary of State for Digital, Culture, Media and Sport, John Glen MP, spoke and indicated the support of DCMS for following up this recommendation.
On the 11th September 2017, Chris Ruane MP, Vice-Chair of the APPGAHW, asked a written question to the Secretary of State for Digital, Culture, Media and Sport, on what assessment she had made of the use of art-based activities in preventing and curing (a) physical and (b) mental ill health. This was answered by John Glen:

“We believe that arts-based activity can have a significant role in improving the health and wellbeing of citizens. The Department for Digital, Culture, Media and Sport has previously commissioned research to develop the evidence base on the social and wellbeing impacts of cultural engagement, including on mental health conditions such as clinical depression. Research commissioned from the London School of Economics published in 2015 showed that people who engaged in the arts as an audience member were 5.4% more likely to report good health than non-participants.”

The APPGAHW has had meetings with Ministers and Officials, including the Minister of State for Prisons in July. The APPGAHW made a submission to the Digital, Culture, Media and Sport Select Committee Inquiry into the social impact of participation in culture and sport, and a submission to the Transforming children and young people’s mental health provision: a green paper. The Culture, Health and Wellbeing Alliance made a submission, with which the APPGAHW associated itself, to the Government consultation on the Loneliness Strategy. In support of Recommendation 3, which says ‘We recommend that, at board or strategic level, in NHS England, Public Health England and each clinical commissioning group, NHS trust, local authority and health and wellbeing board, an individual is designated to take responsibility for the pursuit of institutional policy for arts, health and wellbeing’, all Clinical Commissioning Groups Chairs/CEOs have received a report and letter co-signed by Mary Hutton, Chief Accountable Officer, Gloucestershire Clinical Commissioning Group, and Lord Howarth of Newport (approximately 200 CCGs); approximately 200 NHS Trust CEOs have received a report and letter co-signed by Rob Webster, CEO, South West Yorkshire NHS Trust, and Lord Howarth; and approximately 400 Leaders of Councils have received a report and letter co-signed by Cllr Izzi Seccombe, Leader of Warwickshire County Council and Chair of the Local Government Association Community Wellbeing Board, and Lord Howarth.

We will be getting in touch with this growing network of champions in the autumn to suggest a networking event and other forms of support that we can offer.

A round table on Recommendations 3 and 4, which says ‘We recommend that those responsible for NHS New Models of Care and Sustainability and Transformation Partnerships ensure that arts and cultural organisations are involved in the delivery of health and wellbeing at regional and local level.’ was held in Parliament on 29th January 2018. To coincide with the round table, an article co-authored by Lord Howarth and Rob Webster was published in the

“The we believe that arts-based activity can have a significant role in improving the health and wellbeing of citizens.”

John Glen MP
The ten recommendations from Creative Health continued

NHS Confederation newsletter, NHS Voices: http://www.nhsconfed.org/blog/2018/01/why-a-focus-on-arts-and-health-should-be-a-fundamental-part-of-every-nhs-strategy. A round table has been organised by NHS Providers, CEOs of provider trusts, where the Creative Health report will be presented by Lord Howarth.

A round table on Recommendation 5, which says ‘We recommend that Arts Council England supports arts and cultural organisations in making health and wellbeing outcomes integral to their work and identifies health and wellbeing as a priority in its 10-year strategy for 2020–2030’, was held in Parliament on 25th June 2018. Participants included representatives from Arts Council England and several major arts organisations including: Royal Liverpool Philharmonic, Royal Opera House, Snape Maltings, Tyne and Wear Archives & Museums and the Young Vic. The discussions will contribute to the consultation on Arts Council England’s next ten year strategy.

A round table on Recommendation 6, which concerns social prescribing and arts on prescription, was held in Parliament on 5th March 2018. We were most grateful for the advice of Bev Taylor, Social Prescribing Lead for NHS England, in organizing this round table. Social Prescribing has moved up the agenda since the first speech by the new Secretary of State for Health and Social Care, Rt Hon. Matt Hancock MP. This was followed by an interview and headline in the Times saying that: ‘Doctors will be able to send greater numbers of depressed patients to gardening and arts clubs rather than automatically reaching for pills, the new health secretary has promised.’ The Secretary of State spoke about it again at the NHS Expo in Manchester and The Sun reported that: doctors should tell patients to do some art or gardening instead of dishing out pills, the Health Secretary has told medics. The APPGAHW is pleased to be working with the Department of Health and Social Care in developing this strand of work.

There was a separate round table on social prescribing, organised by Rebecca Pow MP and the Royal College of Psychiatrists on 19th June, where the Creative Health report was cited by Dr Sarah Wollastoon MP, Chris Ruane MP and Tracy Brabin MP. The APPGAHW is keen to work with other APPGs whose areas of interest overlap with ours.

A round table on Recommendation 7, which says ‘We recommend that Healthwatch, the Patients Association and other representative organisations, along with arts and cultural providers, work with patients and service users to advocate the health and wellbeing benefits of arts engagement to health and social care professionals and the wider public’, was held in Parliament on 26th March 2018. The APPGAHW has supported the formation of a group called the LENS, made up of people with lived experience of the benefits of the arts for their own health and wellbeing. The LENS is allied to the Culture, Health and Wellbeing Alliance. A representative of the LENS participated in the workshop and awayday on Recommendation 1.

A round table on Recommendation 8, which says ‘We recommend that the education of clinicians, public health specialists and other health and care professionals includes accredited modules on the evidence base and practical use of the arts for health and wellbeing outcomes. We also recommend that arts education institutions initiate undergraduate and postgraduate courses and professional development modules dedicated to the contribution of the arts to health and wellbeing.’, was held in Parliament on 23rd April 2018. There was a second round table on this recommendation on 9th July 2018. A panel discussion on the Health and Wellbeing of Future Generations, as part of the Mental Wealth Festival at the National Gallery, was planned as a result of these round tables and chaired by Baroness Morris of Yardley on behalf of the APPGAHW.

A round table on recommendations 9, which says ‘We recommend that Research Councils UK and individual research councils consider an interdisciplinary, cross-council
The ten recommendations from Creative Health continued

research funding initiative in the area of participatory arts, health and wellbeing, and that other research-funding bodies express willingness to contribute resources to advancement of the arts, health and wellbeing evidence base. We recommend that commissioners of large-scale, long-term health surveys include questions about the impacts of arts engagement on health and wellbeing.', and 10, which says ‘We recommend that the National Institute for Health and Care Excellence regularly

The NIHR Public Health Research Programme is consulting on a proposed research call on “Participatory Arts to Improve Health and Wellbeing.”

The NIHR Public Health Research Programme is consulting on a proposed research call on “Participatory Arts to Improve Health and Wellbeing.”

The ten recommendations from Creative Health continued

examines evidence as to the efficacy of the arts in benefiting health, and, where the evidence justifies it, includes in its guidance the use of the arts in healthcare’, was held in Parliament on 14th May 2018. NICE have informed the APPG AHW that they intend to implement Recommendation 10.

The NIHR Public Health Research Programme is consulting on a proposed research call on “Participatory Arts to Improve Health and Wellbeing.”

The proposal will be considered by the Programme Advisory Board in September. The draft brief draws substantially on the Creative Health report as mediated in the article by Lord Howarth in Perspectives in Public Health (see 6.2).
Regional events

The purpose of the regional events is to disseminate the findings of the Creative Health report, encourage take-up of the ten recommendations, receive feedback and learn from practitioners in the field. The events are designed so as to have equal support from health and social care as well as the arts and to be attended by participants drawn equally from the health and cultural sectors, in order to further partnership and cross-sector working at a regional level. These events are delivered in partnership with the regional leads for the National Alliance for Arts, Health and Wellbeing (now CHWA). Each has their own network of partnerships and connections within their regions and so each event has had a slightly different format. All of those delivered so far have been developed in partnership with colleagues in health and social care and all have had at least 50% attendance by members of the health and social care professions. All the events have used a system of ‘pledges’ to encourage participants to make specific commitments as to how they personally will pursue the Creative Health agenda within their own spheres of influence. Further events are being planned for the East and South East.
The launch of Creative Health in July 2017 attracted extensive media coverage. We are most grateful to Gillian Taylor who provided PR support to the APPG AHW during this period. Her media report is here: www.gilliantaylor.coveragebook.com/b/b3638de1. A substantial article, based on Lord Howarth’s keynote at the Culture, Health and Wellbeing International Conference in June 2017, was also published in Perspectives in Public Health: www.journals.sagepub.com/doi/full/10.1177/1757913917736680 Creative Health has been disseminated at a number of conferences and seminars. Lord Howarth gave the annual Haygarth Lecture at the University of Chester in November 2017; an address to the Royal Society for Public Health conference, Powerful Partners: Advancing Dementia Care through the Arts and Sciences, also in November 2017, and the keynote at a Nordic Expert Meeting in Stockholm in May 2018. The full list of conferences and seminars is in Appendix 3.

On 17th April 2018, there was a webinar as part of a series produced by the Royal Society for Public Health Special Interest Group on Arts, Health and Wellbeing. Alex Coulter participated in a webinar for The Institute for Creative Health, Australia as part of their health arts action leadership project. Lord Howarth was interviewed for an online learning programme FutureLearn in connection with the Wellcome Hub project: Created Out of Mind which went live in September www.futurelearn.com/courses/dementia-arts

The report is cited on a wide range of websites including, for example, the NICE site: www.evidence.nhs.uk/ The report continues to be referenced in many articles on arts and health such as: www.artsprofessional.co.uk/magazine/317/feature/embedding-arts-healthcare. Some more links are listed in Appendix 4.
Evaluation Survey and feedback

We have received informal feedback via email and in meetings which suggests that the Creative Health report is being used in advocating for the work in a wide range of contexts. A survey was sent to all participants in the inquiry process. Of the 58 people who responded, 88% said they had used the Creative Health report in their work, 59% had attended dissemination events related to the Creative Health report and 47% said the report had led to new or different working relationships. Examples of how the report was being used included:

- At early planning meetings with NHS managers and clinicians;
- In teaching to discuss public health policy with clinical psychology doctoral students;
- It has informed our own organisational strategy and many conversations with artists and arts orgs; and
- To influence and inform strategic partners inc. within health sector to take this area of work seriously.

The survey responses were very positive. An example is: This is very important work for all of us working as creative producers and artists within the NHS system, it endorses and emboldens us to advocate for our presence as partners and as an essential part of integrated health care provision. Keep up the good work, and thank you for consulting so many of us who are doing the work on the ground. We can tell the stories that can bring the work alive.

A full list of responses can be seen in Appendix 5.
Finance

Aspects of the programme described above were funded through the original Inquiry funding, in particular the regional events. The APPGAHW holds no funds itself. Funding to support its work is held on our behalf by AHSW. The secretariat has also been supported in this period (until January 2018) with funding from Phase 1. A further £88,605.50 in grants was secured from Wellcome and Paul Hamlyn Foundation for 2018-19. This table covers income and expenditure from July 2017 – June 2018, with carry forward indicated for the rest of this year. This has been published on the APPGAHW webpages along with the minutes from the 2018 AGM which was held on 16th July 2018.

### Income and Expenditure statement for the period 29/06/17 – 16/07/2018

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<thead>
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<th>Description</th>
<th>Amount</th>
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<td>A. Balance brought forward from previous year</td>
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<td>B. Income received during the year</td>
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<tr>
<td>Membership subscriptions</td>
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<tr>
<td>Monetary donations</td>
<td>–</td>
</tr>
<tr>
<td>Trading income</td>
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</tr>
<tr>
<td>Interest received</td>
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</tr>
<tr>
<td>Other (Grants)</td>
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</tr>
<tr>
<td><strong>Total Income</strong></td>
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<td>C. Expenditure during the year</td>
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<td>Employment costs (salaries, NI, pensions costs)</td>
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<td>Costs of contractors and freelance staff</td>
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<td>Visits and events (UK)</td>
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<td>Office and communications costs</td>
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<tr>
<td>Other (design and printing of report)</td>
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<td><strong>Total expenditure</strong></td>
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<td>D. Balance carried forward (A + total B – total C)</td>
<td></td>
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<tr>
<td><strong>£44,561.06</strong></td>
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Appendices

1. Recommendations and meeting papers
2. Participants in round tables and other meetings
3. Table of conferences
4. Examples of media coverage
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Appendix 1

Recommendations and meeting papers

Recommendation 1
We recommend that leaders from within the arts, health and social care sectors, together with service users and academics, establish a strategic centre, at national level, to support the advance of good practice, promote collaboration, coordinate and disseminate research and inform policy and delivery. We appeal to philanthropic funders to support this endeavour. We hope that the centre will also have the support of Arts Council England, NHS England and Public Health England as well as the Local Government Association and other representative bodies. A round table on this recommendation was held on December 13th 2017. The papers from this meeting can be downloaded here.

Recommendation 2
We recommend that the Secretaries of State for Culture, Media and Sport, Health, Education and Communities and Local Government develop and lead a cross-governmental strategy to support the delivery of health and wellbeing through the arts and culture. A round table on this recommendation was held on 19th March. The papers from this meeting can be downloaded here.

Recommendation 3
We recommend that, at board or strategic level, in NHS England, Public Health England and each clinical commissioning group, NHS trust, local authority and health and wellbeing board, an individual is designated to take responsibility for the pursuit of institutional policy for arts, health and wellbeing. A Round Table was held in parliament to discuss Recommendations 3 and 4 on 29th January 2018. You can download the notes from the meeting here.

Recommendation 4
We recommend that those responsible for NHS New Models of Care and Sustainability and Transformation Partnerships ensure that arts and cultural organisations are involved in the delivery of health and wellbeing at regional and local level. A Round Table was held in parliament to discuss Recommendations 3 and 4 on 29th January 2018. You can download the notes from the meeting here.

Recommendation 5
We recommend that Arts Council England supports arts and cultural organisations in making health and wellbeing outcomes integral to their work and identifies health and wellbeing as a priority in its 10-year strategy for 2020–2030. A round table was held in parliament to discuss Recommendation 5 on 25th June 2018. You can download the notes from the meeting here.

Recommendation 6
We recommend that NHS England and the Social Prescribing Network support clinical commissioning groups, NHS provider trusts and local authorities to incorporate arts on prescription into their commissioning plans and to redesign care pathways where appropriate. A round table was held in parliament to discuss Recommendation 6 on 5th March 2018. You can download the notes from the meeting here.

Recommendation 7
We recommend that Healthwatch, the Patients Association and other representative organisations, along with arts and cultural providers, work with patients and service users to advocate the health and wellbeing benefits of arts engagement to health and social care professionals and the wider public. A round table was held in parliament to discuss Recommendation 7 on 26th March 2018. You can download the notes from the meeting here.

Recommendation 8
We recommend that the education of clinicians, public health specialists and
Appendix 1 continued

other health and care professionals includes accredited modules on the evidence base and practical use of the arts for health and wellbeing outcomes. We also recommend that arts education institutions initiate undergraduate and postgraduate courses and professional development modules dedicated to the contribution of the arts to health and wellbeing. A round table was held in parliament to discuss Recommendation 8 on 23rd April 2018. You can download the notes from the meeting here. A second round table on this recommendation was held in parliament on 9th July 2018.

Recommendation 9
We recommend that Research Councils UK and individual research councils consider an interdisciplinary, cross-council research funding initiative in the area of participatory arts, health and wellbeing, and that other research-funding bodies express willingness to contribute resources to advancement of the arts, health and wellbeing evidence base. We recommend that commissioners of large-scale, longterm health surveys include questions about the impacts of arts engagement on health and wellbeing. A round table was held in parliament to discuss recommendations 9 and 10 on 14th May 2018. You can download the notes from the meeting here.

Recommendation 10
We recommend that the National Institute for Health and Care Excellence regularly examines evidence as to the efficacy of the arts in benefiting health, and, where the evidence justifies it, includes in its guidance the use of the arts in healthcare. A round table was held in parliament to discuss recommendations 9 and 10 on 14th May 2018. You can download the notes from the meeting here.
Appendix 2

Participants in round tables and other meetings

MPs who contributed to the Westminster Hall debate:
- Tracy Brabin (Batley and Spen) (Lab/co-op)
- Kevin Brennan (Cardiff West) (Labour)
- Fiona Bruce (Congleton) (Conservative)
- Dr Lisa Cameron (East Kilbride, Strathaven and Lesmahagow) (SNP)
- Dan Carden (Liverpool, Walton) (Labour)
- Alex Chalk (Cheltenham) (Conservative)
- Gloria De Piero (Ashfield) (Labour)
- Ruth George (High Peak) (Labour)
- Helen Goodman (Bishop Auckland) (Labour)
- Kate Green (Stretford and Urmston) (Labour)
- Darren Jones (Bristol North West) (Labour)

• Gavin Newlands (Paisley and Renfrewshire North) (SNP)
• Chris Ruane (Vale of Clwyd) (Labour)
• Mr Bob Seely (Isle of Wight) (Conservative)
• Jim Shannon (Strangford) (DUP)
• Martin Whitfield (East Lothian) (Labour)

Working Group:
- Professor Paul Camic, Chair of the Royal Society for Public Health Special Interest Group on Arts, Health and Wellbeing
- Dr Daisy Fancourt, Vice-Chair of the Royal Society for Public Health
- Dr Rebecca Gordon-Nesbitt, APPG Researcher, King’s College London
- Professor Martin Green, Chief Executive, Care England
- Val Huet, Chief Executive of the British Association of Art Therapists
- Richard Ings, Arts Council England
- Dr Rebecca Gordon-Nesbitt, APPG Researcher, King’s College London
- Dr Jane Povey, GP, Director of Creative Inspiration Shropshire CIC and Deputy Medical Director at the Faculty of Medical Leadership and Management
- Ellen Rule, Director of Transformation, Gloucestershire CCG, sharing attendance with:
- Jules Ford, Programme Manager for Social Prescribing and Cultural Commissioning, Gloucestershire CCG.
- Gilly Angell, Expert Patient
- Damian Hebron, Director of London Arts in Health Forum (until September 2018)
- Phillipa Reive, Director, Creative Campus, Snape Maltings
- Alice Thwaite, Director of Equal Arts

Secretariat
- Alex Coulter
- Faith Biddle

Attendance at round tables and meetings

Recommendation 1

December 13th 2017

Lord Howarth of Newport, Chair Tracy Brabin MP for Batley and Spen and Shadow Minister for Early Years Lord Graveshome
- Faith Biddle, APPG Assistant and taking notes

Dr Simon Chaplin, Secretary to the APPG Nicola Crane, Arts and Health Consultant
- Dr Daisy Fancourt, Vice-Chair of the Royal Society for Public Health Special Interest Group on Arts, Health and Wellbeing
- Dr Rebecca Gordon-Nesbitt, APPG Researcher, King’s College London
- Damian Hebron, Director of London Arts in Health Forum
- Val Huet, Chief Executive of the British Association of Art Therapists
- Richard Ings, Arts Council England
- Deborah Munt, Chair of the National Alliance for Arts, Health and Wellbeing
- Alex Pleasant, Researcher to Ed Vaizey MP
- Dr Jane Povey, GP, Director of Creative Inspiration Shropshire CIC and Deputy Medical Director at the Faculty of Medical Leadership and Management
- Phillipa Reive, Head of Creative Campus Project, Snape Maltings
- Alex Talbott, King’s College London
- Alice Thwaite, Co-director Equal Arts
- Esmé Ward, Head of Learning and Engagement, Whitworth and Manchester Museum
Appendix 2  
continued

### Recommendation 2
**Monday 19th March 2018**

Lord Bichard  
Tracy Brabin MP  
Lord Howarth of Newport, Co-Chair of the All-Party Parliamentary Group on Arts, Health and Wellbeing  
Baroness Meacher  
Lord Ramsbotham

**Participants**
- **James Bird**, Head of Arts, DCMS  
- **Jan Burkhardt**, Strategic Lead for Dance in Health and Wellbeing, One Dance UK  
- **Ross Burnett**, Senior Manager Policy Executive, Arts Council England  
- **Holly Donagh**, Partnerships Director, A.N.D, A New Direction  
- **James Bird**, Head of Arts, DCMS  
- **Jan Burkhardt**, Strategic Lead for Dance in Health and Wellbeing, One Dance UK  
- **Ross Burnett**, Senior Manager Policy Executive, Arts Council England  
- **Holly Donagh**, Partnerships Director, A.N.D, A New Direction

**Joan Sadler**, Associate Director Patients and Communities, NHS Confederation  
**Sian Tomos**, Director of Enterprise and Regeneration, Arts Council of Wales  
**Bridget Whyte**, Chief Executive, Music Mark  
**APPG Secretariat, Partners and Members of the Next Steps working group**

**Faith Biddle**, APPG Assistant  
**Professor Helen Chatterjee**, Professor of Biology at UCL and Chair of the National Alliance for Museums, Health and Wellbeing  
**Alex Coulter**, Secretary to APPG  
**Nikki Crane**, Arts & Health Consultant  
**Dr Rebecca Gordon-Nesbitt**, APPG Researcher, King’s College London  
**Sarah Gregory**, Researcher, King’s Fund  
**Damian Hebron**, Director of the London Arts in Health Forum  
**Alex Pleasants**, Researcher to Ed Vaizey MP  
**Alex Talbott**, King’s College London  
**Audience**
- **Scott Adamson**, Frances Elliott  
- **Omolara Olusola**

### Recommendation 3
**Monday 29th January 2018**

Ed Vaizey MP, Co-Chair of the All-Party Parliamentary Group on Arts, Health and Wellbeing  
Lord Howarth of Newport, Co-Chair of the All-Party Parliamentary Group on Arts, Health and Wellbeing  
Baroness Meacher Lord Ramsbotham

**Participants**
- **Nigel Acheson**, Regional Medical Director and Higher Level Responsible Officer, NHS South  
- **Laura Bailey**, Primary Project Officer, Culture & Creative Economy Service, Kent County Council  
- **Kate Farmery**, Executive Director of Torbay Culture  
- **Julia Holding**, Head of Patient Experience, NHS Improvement  
- **Dr Catherine Swann**, Deputy Director Health Improvement, Public Health England  
- **Robert Woolley**, CEO of University Hospitals Bristol NHS Foundation Trust and Lead Bristol, North Somerset, South Gloucestershire STP

**APPG Secretariat, Partners and Members of the Next Steps working group**

**Faith Biddle**, APPG Assistant  
**Alex Coulter**, Secretary to APPG  
**Nikki Crane**, Arts & Health Consultant  
**Dr Rebecca Gordon-Nesbitt**, APPG Researcher, King’s College London  
**Alex Pleasants**, Researcher to Ed Vaizey MP  
**Alex Talbott**, King’s College London  
**Audience**
- **Sarah Gregory**, Researcher, King’s Fund  
- **Gabriel Lawson**, NHS Management Graduate Trainee  
- **Ian Moss**, Policy Director, BPI
Appendix 2

continued

Recommendation 5

Monday 25th June 2018

Ed Vaizey MP, Co-Chair of the All-Party Group on Arts, Health and Wellbeing

Lord Howarth of Newport, Co-Chair of the All-Party Group on Arts, Health and Wellbeing

Participants:

Jillian Barker, Director of Learning and Participation, Royal Opera House
Zoe Brown, Outreach Officer, Tyne and Wear Archives & Museums
Michael Crilly, Director of Social Inclusion and Participation at Mersey Care NHS Foundation Trust
Zannah Doan, CEO, Pavilion Dance South West
Clare Hankinson, Audience Development Manager, Fabrika, Brighton
Sharon Heal, Director, Museums Association
Richard Ings, Senior Manager, Special Projects, Arts Council England
Kwame Kwei-Armah, Artistic Director, Young Vic
John McMahon, Senior Manager, Policy & Research, Arts Council England
Celia Makin-Bell, Head of Learning, Royal Liverpool Philharmonic
Liz Moran, Director of Arts and Culture, University of Kent
Phillipa Reive, Director Creative Campus, Snape Maltings

Ivan Wadeson, CEO, The Dukes Theatre, Lancaster
Liz Watson, Director, Tyne and Wear Archives & Museums
Liz Whitehead, Director, Fabrica, Brighton
Roger Wright, Chief Executive, Snape Maltings

APPG Secretariat, Partners and Members of the Next Steps working group

Faith Biddle, assistant to Alex and taking notes
Alex Coulter, Secretary to APPG
Dr Rebecca Gordon-Nesbitt, APPG Researcher, King’s College London
Alex Kavanagh, Senior Policy Advisor, Arts Team, DCMS
Alex Pleasants, Researcher to Ed Vaizey MP

Participants:

Tim Anfiloff, Head of Community Resilience, Herts Valleys Clinical Commissioning Group
Dr Marcello Bertotti, Senior Research Fellow at the Institute for Health and Human Development, University of East London
Samantha Butler, Senior Policy Adviser, Office of Civil Society
Gavin Clayton, Director Arts & Minds, Cambridge
Dr Sir Sam Everington, Chair of NHS Tower Hamlets Clinical Commissioning Group
Dr Agnelo Fernandes, Chair of NHS Croydon Clinical Commissioning Group
Jules Ford, Senior Programme Manager, Social Prescribing and Cultural Commissioning, NHS Gloucestershire Clinical Commissioning Group
Dr Ulrike Harrower, Consultant in Public Health, PHE South West
Dan Hopewell, Director of Knowledge and Innovation, Bromley by Bow Centre
Tapiwa Mtemachani, Senior Commissioner, NHS Dudley Clinical Commissioning Group
Ruth Nutbrown, Assistant Chief Officer, NHS Rotherham Clinical Commissioning Group

Recommendation 6

Monday 5th March 2018

Lord Howarth of Newport, Co-Chair of the All-Party Group on Arts, Health and Wellbeing

Lord Richard
Tracey Brabin MP
Lord Ramsbotham

Dr Simon Opfer, GP and GP trainer, Gloucestershire
Appendix 2
continued

Recommendation 7
Monday 26th March 2018
Lord Howarth of Newport, Co-Chair of the All-Party Group on Arts, Health and Wellbeing

Participants:
Gilly Angell, Expert Patient, UCLH Cancer Centre
Linda Boyles, Arts & Minds Development Manager, Leeds and York Partnership NHS Foundation Trust
Dr Neil Churchill, Director for Patient Experience, NHS England
Julia Cort, Community Learning Manager, Horniman Museum
Heather David, service user
Jayne Howard, Managing Director, Arts Well CIC
Poppa Jaman, Chief Executive, Mental Health First Aid
Jennie Jones, Deputy Chair and Trustee, National Rheumatoid Arthritis Society
Ursula Joy, Peer Trainer, Horniman Museum
Richard Kidgell, Service User
Joan Kidgell, accompanying Richard Kidgell
Anna Ledgard, Producer and Educationalist
Arthur Mactaggart, Artist

Rachel Howfield Massey, Arts and Wellbeing Coordinator, Yorkshire Sculpture Park
Hayley Mills-Styles, Artist
Jane Mordue, Chair of Healthwatch England
Eva Okwonga, Peer Support Advisory Board Member for Mind and Music Workshop Leader at Music In Mind
Rachel Power, Chief Executive, Patient’s Association
Mandy Shepherd, mental health service user
Anna Woolf, Artist

APPG Secretariat, Partners and Members of the Next Steps working group
Faith Biddle, APPG Administrator
Professor Paul Camic, Professor of Public Health and Psychology, Canterbury Christ Church University and Chair of the RSPH SIG on Arts, Health and Wellbeing
Alex Coulter, Secretary to APPG
Shirley Cramer, CEO, Royal Society for Public Health
Nikki Crane, Arts & Health Consultant
Professor Martin Green, CEO, Care England
Sarah Gregory, King’s Fund
Damian Hebron, Director of the London Arts in Health Forum
Richard Ings, Arts Council England

Professor Richard Parish, Board member of Public Health England and Emeritus Professor of Public Health at the University of Chester
Alex Pleasants, Researcher to Ed Vaizey MP
Ellen Rule, Director of Transformation, Gloucestershire CCG
Alex Talbott, King’s College London

Recommendation 8
Monday 23rd April 2018
Baroness Morris of Yardley, Baroness Greengross

Participants:
Grace Catchpole, Medical Student, Barts and the London
Professor Stephen Clift, Professor of Health Education, Canterbury Christ Church University
Evon Dawson, Director of Live Music Now
Dr Louise Dubras, Deputy Dean of Medical Education, KCL
Freya Elliot, Medical Student, Barts and the London
Vivien Ellis, Arts and Health Consultant
Professor Martin Green, Chief Executive, Care England
Dr Michael Holmes, GP in Yorkshire and Vice Chair of the Royal College of GPs

Mao Lim, artist and medical student, King’s College London
Professor Marion Lynch, Deputy Medical Director, NHS England South (South Central)
Nick Ponsillo, Director of Philip Barker Centre for Creative Learning at The University of Chester
Dr Jane Povey, GP, Director of Creative Inspiration Shropshire
Professor Ross Prior, University of Wolverhampton
Matthew Swann, Director of City of London Sinfonia
Tina True, Creative Director, Mental Wealth Festival City Lit
Dr Louise Younie, Clinical Senior Lecturer, Barts and The London School of Medicine and Dentistry
Suzy Willson, Director of Clod Ensemble and Performing Medicine

APPG Secretariat, Partners and Members of the Next Steps working group
Faith Biddle, APPG Assistant
Alex Coulter, Secretary to APPG
Nikki Crane, Arts & Health Consultant
Jules Ford, Senior Programme Manager, Social Prescribing & Cultural Commissioning Gloucestershire CCG
Dr Rebecca Gordon-Nesbitt, APPG Researcher, King’s College London
Sarah Gregory, Researcher, King’s Fund
Richard Ings, Arts Council England
2nd Meeting on Recommendation 8
Monday 9th July 2018

Lord Howarth of Newport, Co-Chair of the APPGAHW

Participants:
- Dr Balamurali, Co-Chair of the Arts and Psychiatry Special Interest Group, RCPsych
- Kirsten Baker, Senior Lecturer, Midwifery, Oxford Brookes University
- Dr Ruth Bromley GP, Manchester Health & Care Commissioning Board
- Dr Pushpam Chadha GP
- Bogdan Chiva Giurca, Medical Student Lead on Social Prescribing
- Shirley Cramer, CEO, Royal Society for Public Health
- Bella Eacott, Research Manager for Performing Medicine

Recommendations 9 & 10
Monday 14th May 2018

Lord Howarth of Newport, Co-Chair of the APPGAHW

Participants:
- Professor Paul Camic, Professor of Psychology and Public Health, Canterbury Christ Church University
- Professor Helen Chatterjee, Professor of Biology, University College London
- Dr Simon Chaplin, Director of Culture and Society, Wellcome

Appendices

Appendix 2 continued
Appendix 2
continued

Awayday at Snape Maltings
Friday 15th June 2018
Gilly Angell, Expert Patient, University College Hospital Cancer Centre
Laura Brodrick, Graphic and Creative Facilitator, Think Big Picture
Alex Coulter, Secretary to APPG
Nikki Crane, Arts and Health Consultant
Dr Rebecca Gordon-Nesbitt, APPG Researcher, King’s College London
Martin Green, Chief Executive, Care England
Sarah Gregory, Researcher, The King’s Fund
Damian Hebron, Director, London Arts in Health Forum and Head of Arts, Cambridge University Hospitals
Lord Howarth of Newport, Co-Chair of the APPGAHW
Dr Val Huet, Chief Executive Officer, British Association of Arts Therapists
Dr Jane Povey, GP and Founding Director, Creative Inspiration CIC
Phillipa Reive, Director, Creative Campus at Snape Maltings
Dr Ellen Rule, Director of Transformation and Service Redesign, Gloucestershire Clinical Commissioning Group
Alice Thwaite, Co-Director, Equal Arts

Other meetings
Nigel Acheson, Regional Medical Director and Higher Level Responsible Officer, NHS South
Bishop of Carlisle, House of Lords Lead for the Spiritual on health & social care/medical ethics
Neil Churchill, Director of Patient Experience, NHS England
Noel Gordon, Chair, NHS Digital
Mark Rogers, Senior Associate and Board Member, Collaborate CIC
Rory Stewart MP, Minister for Prisons Warwick and Coventry public health and culture teams to discuss Coventry City of Culture.

Appendix 2 continued
### Appendix 3

**Table of conferences**

<table>
<thead>
<tr>
<th>Regional events</th>
<th>Partnerships</th>
<th>Speaker &amp; Chair</th>
<th>Notes of interest</th>
</tr>
</thead>
<tbody>
<tr>
<td>North West: Manchester, July 2017</td>
<td>Manchester Metropolitan University</td>
<td>Lord Howarth; Chris Ruane MP, Chair: Clive Parkinson, Director of Arts for Health MMU</td>
<td>This event doubled up as a second launch for Creative Health. There was a further event in Manchester looking at the social determinants of health in relation to the arts.</td>
</tr>
<tr>
<td>West Midlands: Walsall, February 2018</td>
<td>Organised with the Black Country Public Health, Arts and Health Network of commissioners</td>
<td>John Middleton, President of FPH. Chair: Julia Holding, Head of patient Experience NHSE</td>
<td>The event focused on the role the arts can play in public health, in particular, children and young people's mental health. Of 50 attendees, 25 had roles as Commissioners in Public Health</td>
</tr>
<tr>
<td>North East: Gateshead, March 2018</td>
<td>Organised with Gateshead Public Health Equal Arts, Alice Thwaite</td>
<td>Lord Howarth, Chair: Professor Peter Kelly, Centre Director, PHE North East</td>
<td>Led to a further conference in NE with Sharon Hodgson MP as keynote speaker</td>
</tr>
<tr>
<td>West Midlands: Shrewsbury, May 2018</td>
<td>Organised with and part-funded by Hull and East Yorkshire NHS Trust Deborah Munt, Elaine Burke</td>
<td>Lord Howarth, Chair: Dr Jane Povey GP</td>
<td>Champion identified in Shropshire CCG and Telford and Wrekin CCG committed to identifying one in pledges</td>
</tr>
<tr>
<td>Yorkshire and Humber: Hull, May 2018</td>
<td></td>
<td>Lord Howarth, Chair: Andy Snowdon, Vice-Chair, Hull and East Yorkshire Hospitals NHS Trust</td>
<td>Good coverage in media</td>
</tr>
<tr>
<td>East Midlands: June 2018</td>
<td></td>
<td>Baroness Lister, Chair; Director of Public Health Derbyshire</td>
<td>Good support from ACE; CEO of all Derbyshire CCGs on panel; Director of Public Health agreed to be champion for Creative Health (rec. 3)</td>
</tr>
</tbody>
</table>

Some examples of pledges made at regional conferences:
- "Work out how to get arts and health into the Frailty Framework and agenda and thus into the Sustainability and Transformation Partnership"
- "Set up an art group for colleagues"
- "Engage Alzheimer's Society in Creative Health agenda"
- "I will work to incorporate community voice/decision making into our new model of care"

'I will raise the recommendations in the report through parliamentary questions and in the House"
- "To act as an active advocate for arts, health and wellbeing within the culture and local authority sectors"
- "To push harder to have the issue on Health and Wellbeing Board to begin a 'real' conversation about moving money into the prevention agenda"
- "Set up an open event for people to try out different activities and meet other users"
### Other events

<table>
<thead>
<tr>
<th>Where and when</th>
<th>What</th>
<th>Speaker</th>
<th>Notes of interest</th>
</tr>
</thead>
<tbody>
<tr>
<td>King’s College London, October 2017</td>
<td>A further launch for the <em>Creative Health</em> report</td>
<td>Lord Howarth and Dr Rebecca Gordon-Nesbitt, with Darren Henley, Chief Executive ACE, Shirley Cramer, Chief Executive RSPH</td>
<td></td>
</tr>
<tr>
<td>Birmingham, October 2017</td>
<td>Quench Arts Conference</td>
<td>Alex Coulter</td>
<td>Other speaker: Sue Hartley, Executive Director Nursing, Birmingham and Solihull Mental Health Trust</td>
</tr>
<tr>
<td>Chester University, November 2017</td>
<td>Haygarth Annual Lecture</td>
<td>Lord Howarth</td>
<td>Speech download</td>
</tr>
<tr>
<td>Royal Society for Public Health, November 2017</td>
<td>Powerful Partners: Advancing Dementia Care through the Arts and Sciences</td>
<td>Lord Howarth</td>
<td></td>
</tr>
<tr>
<td>Hull, March 2018</td>
<td>LGA Annual Conference for Culture and Leisure</td>
<td>Lord Howarth</td>
<td></td>
</tr>
<tr>
<td>London, March 2018</td>
<td>Westminster Forum event on social prescribing</td>
<td>Lord Howarth (Chair)</td>
<td></td>
</tr>
<tr>
<td>Stockholm, Sweden, May 2018</td>
<td>Nordic Expert Meeting</td>
<td>Lord Howarth</td>
<td>Dr Rebecca Gordon-Nesbitt contributed to panel</td>
</tr>
<tr>
<td>Houses of Parliament, May 2018</td>
<td>Care Home Reception</td>
<td>Lord Howarth</td>
<td>Large number of care homes represented at the event.</td>
</tr>
<tr>
<td>Trinity College, Dublin, May 2018</td>
<td>Dementia and Neuroscience conference</td>
<td>Alex Coulter</td>
<td>Contact established with Healthy Ireland and Creative Ireland teams</td>
</tr>
<tr>
<td>London, May 2018</td>
<td>Museums and Heritage Show</td>
<td>Alex Coulter</td>
<td>On panel with CEO of Mind, Paul Farmer</td>
</tr>
<tr>
<td>Nightingale Care Home, London, June 2018</td>
<td>Launch of Creativity and Wellbeing Week</td>
<td>Lord Howarth</td>
<td>Commitment from Andrea Sutcliffe to strengthen CQC guidance</td>
</tr>
<tr>
<td>Reading, June 2018</td>
<td>New Horizons in Healthcare conference – NHS South</td>
<td>Alex Coulter with Marion Lynch, Deputy Medical Director, NHS South Central</td>
<td>All health audience. Focus on innovation.</td>
</tr>
<tr>
<td>Edge Hill University, June 2018</td>
<td>Festival of Equal Arts</td>
<td>Alex Coulter</td>
<td>New medical school at Edge Hill would like to be involved in curriculum development</td>
</tr>
</tbody>
</table>
Appendix 4

Examples of media coverage

Some media coverage

Guardian
www.theguardian.com/culture/2017/jul/19/arts-can-help-recovery-from-illness-and-keep-people-well-report-says

Daily Mail online
www.dailymail.co.uk/health/article-4712606/Doctors-advised-send-patients-arts-classes.html

The Telegraph

The Times
www.thetimes.co.uk/edition/news/provide-help-for-sick-or-lose-funding-arts-bodies-are-told-2ygvp0j72

Health Matters

Pulse GP Magazine

The King's Fund blog

Sky News

International Centre for Art for Social Change
www.icase.ca/resources/creative-health-arts-health-and-wellbeing-report

Translating into Japanese (foreword and summary) by Toyohisa Uehira, Director of the Japan Society of Health Sciences. Cited in the USDAC Art & Wellbeing: Toward a Culture of Health
www.usdac.us/cultureofhealth

Media coverage for the dissemination event in Hull

- advance interview with Radio Humberside – Elaine Burke
- live interview with Radio Humberside – Rt Hon. Lord Alan Howarth of Newport
- Yorkshire Post article, and good interest from feature writer Alex Wood for future arts and health stories
- Commerce and Industry website
- Hull and Humber Chamber of Commerce – website and magazine
- Bondholders – Marketing Humber – website article

International

Translated into Japanese (foreword and summary) by Toyohisa Uehira, Director of the Japan Society of Health Sciences. Cited in the USDAC Art & Wellbeing: Toward a Culture of Health

A selection of international websites that have the report as a resource:
- European Commission Electronic Platform for Adult Learning in Europe (EPALE)
- Asia-Europe Foundation website
- IFACCA (International Federation of Arts Councils)
- International Centre for Art for Social Change

International Centre for Art for Social Change

www.medculture.eu/library/reports/report-effects-arts-and-culture-wellbeing-and-health-wellbeing-through-arts-and

Ausmed, an Australian CPD site for Nurses

www.ausmed.com/articles/creative-health/
Appendix 5

Evaluation survey and other feedback

Informal feedback by email

The charity Sound Resource in Oxford has placed the 10 recommendations from the APPG Inquiry report at the heart of its business plan and the trustees find the report’s aspirations extremely motivating.

Within the IPC programme we are finding more examples of how arts in health is being effective at supporting people and are showcasing this where we can.

Frances Tippett, South West Lead for Integrated Personal Commissioning, NHS South West.

Locally we are continuing to progress the scale up of the social prescribing model and to work with the arts community and are making sure we support the work led by Jane Povey. Jo Robins, Consultant in Public Health, Shropshire Public Health

Having attended the Creative Health launch in Hull this week, I would say that we are in a really strong position to take things forward. We have a really strong foundation to build on, that is values based and puts people with lived experience at the centre, helping us to develop and drive decision making. We had good representation at the event from all our areas both health and social care, but also from creative partners. Phil Walters, Programme Manager, Creative Minds, South West Yorkshire Partnership NHS Trust.

Survey

A survey was sent to the 300+ participants in the Inquiry process.

58 people responded. They were asked:

Q1. Have you used the Creative Health report in your work?
   If yes, please give an example.
   52 said yes (88.14%); 7 said No

Q2. Have you attended any events related to this work?
   If yes, please say where and what the events were.
   35 responded with information on events (59.32%)

Q3. Has the report led to any new or different working relationships?
   If yes, please give an example.
   28 people responded (47.46%)

Q4. Is there anything else you would like to tell us?
   41 people responded.

Some examples of responses below:

Q1. Have you used the Creative Health report in your work?
   If yes, please give an example.
   - In presentations about issues in public health.
   - Hosting regional engagement event and focus group to enable implementation.
   - At early planning meetings with NHS managers and clinicians.
   - In teaching to discuss public health policy with clinical psychology doctoral students.
   - Arts Care has actively used the report in discussions with primary funders – The Arts Council of Northern Ireland, The Public Health Agency, Health & Social Care Board, five Health & Social Care Trusts, Children in Need, Arts & Business. This report has also prompted Arts Care to initiate a arts health and wellbeing strategic Symposium in Belfast on 24th/25th October 2018. The report has proved very valuable.
   - In every dimension of my work – with Universities, with charities, with arts organisations etc.

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- It has informed our own organisational strategy and many conversations with artists and arts orgs.
- To influence and inform strategic partners inc. within health sector to take this area of work seriously.

Q3. Has the report led to any new or different working relationships?
If yes, please give an example.
- Connecting, inspiring and enabling collective action e.g. pilot training for arts for health practitioners.
- We have been able to use our involvement in it to enhance the status of our work within the hospitals. Whilst this may not yet have led to new relationships, it helps us to move in that direction by giving more status to the work and enabling us to frame the work within a national policy context.
- A new partnership with local arts and older people’s charities.
- The evidence provided by the report has been distributed to all key funders, partners, politicians at Stormont. The report has initiated wider discussions on the impact of arts interventions in healthcare at a more strategic and higher level of partnership engagement. There are current discussions between Arts Care and the Department of Health to consider forming an all party arts in health steering group in Stormont similar to the one in Westminster.

The aim of this is to drive through policy and to advocate for ongoing sustainable funding to support the current growth in this field within the Northern Ireland context.
- Yes, much more connectivity across the arts and health sector due to all the different gatherings with people from all walks of life within both health and the arts sectors. I feel much better connected both locally and nationally now.
- Potential research partnership with the IoPPN and connection with the Arts in Mind festival.
- North Tyneside Council’s Culture and Public Health officers.
- My team are working with the group to build the relationship with the South Sustainability Board of NHS E/PHE.
- Has facilitated and primed conversations with policymakers and service providers regarding educational initiatives we are developing.
- Developing programme with Arts Council Wales has been informed directly by the report.

Q4 Is there anything else you would like to tell us?
- I thought the report was of considerable depth in outlining the activities in many areas of relevance to the subject and in particular emphasising the dearth of work that is being supported in this important area of health care. As a neuroscientist it was gratifying to see quite a lot of references to music, although I would have liked to have seen the conditions discussed go rather beyond the small collection referenced. It was a pleasure to be even a small part of this enterprise and congratulations to all those who have spent time and effort putting it so comprehensively together.
- This is very important work for all of us working as creative producers and artists within the NHS system, it endorses and emboldens us to advocate for our presence as partners and as an essential part of integrated health care provision. Keep up the good work, and thank you for consulting so many of us who are doing the work on the ground. We can tell the stories that can bring the work alive.
- It is a fantastic report – it has inspired people as well as informed. It has been very well distributed and the events around it well conceived to make sure it doesn’t sit on a shelf. The whole process has been exemplary and should be written up (simply!) to show the different stages – from the beginnings of the inquiry through the process of debate and connecting people up through APPG sessions and other activities right through to tackling the challenging matter of finding a way to deliver Recommendation 1. Brilliant!
- I have referred to it a lot in conversations with colleagues from other countries, who are all trying to build research evidence, but who are still stuck in thinking that this all has to be ‘measurable.’
- The report provided us with an opportunity to flag up ActionSpace’s work to our local MP, Keir Starmer, who visited us in February. His office has been very supportive and we continue to liaise with them about opportunities for ActionSpace and our artists. We are hoping to be able to have an exhibition in the House of Commons some time next year.
- I am extremely impressed by the work that you are doing and hope that I can play my part in highlighting and promoting it.
- Amazing work, I have sent it as a link to probably 100 people in the course of discussions.
- That is brilliant to know that this work exists as evidence of the continuing impact on the health and wellbeing of so many people. Finally what has historically been a huge and undervalued body of practice is starting to get wider recognition.
- Everyone is pleased to hear about Creative Health. Without exception everyone agrees with the premise and wants to support increasing activity in the arts.